EXPERIENCE DISCOVERY COMMONS

Meet Our Senior Lifestyle Counselor SHANA SMITH

Come and enjoy the fun at **Discovery Commons At Wildewood**! We invite you to join us for lunch or dinner with our Senior Lifestyle Counselor, Shana Smith, and learn more about our wonderful senior living community.

Senior Lifestyle Counselor, Shana Smith is a 20-year veteran of the healthcare industry whose experience includes 12 years as a senior lifestyle and care advisor. A proud graduate of the University of Massachusetts, Amherst, Shana earned her Bachelor's Degree in English Lit with a minor in Sociology. During that time, she also began her career journey, paying her way through college by working as a Medication Technician and Caregiver.



Originally from Cheverly, Maryland, Shana graduated from La Plata High School and throughout her professional career, has worked alongside seniors and families at the local, regional

and national levels, fulfilling advisory duties in all aspects of senior living and care. Outside of work, Shana is happily married and enjoys volunteer work and spending off times with her three dogs, Bella, Brewster and Buddy.



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